

WEEKLY MEAL PLANNER

For the Week of _____



	BREAKFAST	LUNCH	DINNER	SHOPPING LIST	
MONDAY				<input type="checkbox"/>	<input type="checkbox"/>
TUESDAY				<input type="checkbox"/>	<input type="checkbox"/>
WEDNESDAY				<input type="checkbox"/>	<input type="checkbox"/>
THURSDAY				<input type="checkbox"/>	<input type="checkbox"/>
FRIDAY				<input type="checkbox"/>	<input type="checkbox"/>
SATURDAY				<input type="checkbox"/>	<input type="checkbox"/>
SUNDAY				<input type="checkbox"/>	<input type="checkbox"/>